

# Managing home workers' health and safety

1. Overview
2. [Risk assessment](#)
3. [Stress and mental health](#)
4. [Using computers and laptops safely at home](#)
5. [Working environment and accidents](#)

## 1. Overview

As an employer, you have the same health and safety responsibilities for people working at home as for any other worker.

This guidance applies to those who:

- work at home long term
- routinely split their time between their workplace and home (sometimes called hybrid working)

Most of the time, risks to home workers will be low and the actions you should take to protect them will be straightforward.

Things you should consider as part of your [risk assessment](#) for home workers include:

- [stress and poor mental health](#)
- [using equipment like computers and laptops safely](#)
- [their working environment](#)

You should [talk to your workers](#) about their arrangements, as working from home may not be suitable for everyone. For example, some people may not have an appropriate place to work or may prefer to come into the workplace for wellbeing, mental health or other reasons.

We have [advice for home workers themselves](#).